



Nurse's Notes...

Dear Parents,

Welcome to St. Bruno School! As we prepare to begin a new school year, I would like to mention a few Health Room policies that are important to keep in mind.

First and foremost, it is imperative that your child's health and safety records are **complete** and **on file** prior to the first day of school; accidents can and do happen those first few days and we must be prepared with emergency phone numbers, health history, etc. Please ask permission before you list a person as an emergency contact, as they must be willing, able and available to collect and care for your ill child if you are unavailable.

A list of required immunizations, including a TB skin test, and a Health Exam for School Entry form that your physician must fill out, is available at your pediatrician's office or online at saintbrunoschool.com {see Health or look in the New Student Information section}. It is a California State Law that both these elements are complete and on file to permit entrance to kindergarten.

Please review the immunization card and be sure all requirements are met before submitting to the school office!



*****Please be aware that your child's TB skin test must have been given within one year of entry to kindergarten (2 dates must be listed within 48 hours of each other for complete documentation. One date listed will require a retest).**

Students transferring to St. Bruno from another school into first grade and up require a complete copy of health records from the previous school. If the student is from out of state, a new TB skin test is required for all grades.

Whooping Cough (Pertussis) has spread throughout California during 2010. The California Department of Public Health is recommending that all Californians age 10yrs and older receive a Tdap booster shot. Beginning July 1, 2011, ALL students in grades 7 through 12 must present proof of a Tdap booster before starting school in September.

The Health Department conducts a full audit of our records in early September, and we must be in full compliance at that time or your child will be excluded from school until his/her records are complete. Please appreciate the importance of this issue; it is truly in the best interest of all our children.

If I will be dispensing any medication to your child during school hours, ***both the child's physician and parent must fill out an Archdiocese of Los Angeles Medication Authorization and Permission form.*** This form is also

available in the school office or online at saintbrunoschool.com {see [Health and Hot Lunch](#) or look at the [New Parent Packet](#) information listed in the [Application](#) section}. This is also a California State Law; all pediatricians and physicians should be aware of this by now. Instructions written on a prescription slip or slip of paper, etc., are not acceptable. All doctor's offices are required to stock this form. One form for each medication is required. This applies to both prescription and over-the-counter meds including Tylenol, cough drops, eye drops, and allergy products, such as inhalers.

If your child suffers from a chronic condition such as asthma, allergies, migraines, or severe menstrual cramps, I suggest this form be completed before school starts with the duration indicated as "2011-2012 school year." It is also beneficial if a spare inhaler is kept in my office for frequent users.

NO **No student under any circumstances is to carry or self-administer any type of medication. School personnel, including the school nurse, cannot administer any type of medication unless the correct form is on file in the Health Room.**

All Health Room information is strictly confidential, including contact information, medical history, diagnoses, behavior, conversations and information of a personal nature to both students and parents. This confidentiality is strictly maintained at all times by me and all parent volunteers in my absence.

I am honored to be entrusted with your children's health and welfare and take great strides to maintain a professional and compassionate atmosphere.

Please feel free to phone me with any questions regarding vaccination requirements, records, or general health information. I look forward to the new school year and meeting and ministering to your children.



God's Blessings and Good Health to all,

Caroline Garcia
St. Bruno Medical Assistant

Kindergarten Health Room Requirements Checklist



- Complete Immunization Records
- Completed Health Exam for School Entry Form filled in by physician
- TB skin test with 2 dates recorded, given within one year of kindergarten entry. Retest required if only one date is recorded.
- Dental Screening Form